Consult

Mapping

Laser Treatment (EVLA)

Sclerotherapy (USGS)

Spider Vein Annual Follow up

Microphlebectomy

Spider Vein

Microphlebectomy
My Journey

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It continues to baffle me to see a poor correlation, at best, between quality and cost of health care. Cost of service is largely unknown to consumers (patients) on the pretext that art of medicine is imperfect by nature. Prices for similar services vary greatly even in the same geographical area. *

At Alsara Clinic, we have embarked on a bold journey to offer transparency in pricing. We believe that when excellence in care becomes a habit, outcomes are predictable. Surprisingly then, health care is not as expensive as it appears.

**Sam Gupta, MD, MPH**

* Presentation at Harvard University, August 2005
Your initial consultation with a vein specialist (Phlebologist) is FREE! At this appointment you have the opportunity to ask questions and learn about cutting edge technology utilized at Alsara Clinic. This visit is informational and non-diagnostic. Patient Account Services is available to provide you with an estimate of your treatment costs and payment options.
Your next appointment is called a diagnostic ultrasound or mapping. At this appointment, we look beneath the skin which provides us with a detailed road map of the veins in your legs. A vein specialist will complete a physical exam, review your ultrasound findings and discuss your individual treatment plan.

**PLEASE SEE DISCLAIMER ON PAGE 23.**

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Endovenous Laser Ablation

The EVLA (Endovenous Laser Ablation) procedure that uses laser energy to close the problem vein at the source. This latest generation laser used at Alsara Clinic is safe, very effective and gentle on your legs. It will allow you to resume normal activities immediately following the procedure.

$1500* per EVLA

**Fair Health $5400**

*The price below includes one post-treatment rescan of the junction area. Should you require a complete rescan, additional charges will be incurred. Contact Patient Account Services for details. Please see disclaimer on page 23.

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Sclerotherapy (USGS)
USGS (Ultrasound Guided Sclerotherapy) is a procedure that enables us to deliver medication into any remaining diseased veins and close them down. Closed veins are then gradually absorbed by your body. Several sessions may be necessary to achieve the optimal long-term outcome.

*Inclusive of focused ultrasound scan. Prices determined by number of injections and sites (one leg/both legs). Please see disclaimer on page 23.

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Introducing Microphlebectomy

Procedure is a
✓ fast
✓ scarless
✓ state-of-the-art
treatment for Bulging Veins
with no downtime!

LEARN MORE AT:
www.alsaraclinic.com/bulgingveins

Introducing Cryo-Sclerotherapy

Truly the most
✓ safe
✓ effective
✓ painless
treatment for Spider Veins
in our opinion!

LEARN MORE AT:
www.alsaraclinic.com/spiderveins
“I came to the Alsara Clinic a couple months ago, I was having some pain in my legs, some heaviness, just really not feeling good about even how my leg looked. I had a great recommendation from a friend of mine and decided to actually fly up from Texas to see Dr. Gupta and his staff. Walking in definitely it was very warm and welcoming. It was very state-of-the-art, felt very welcomed here, felt really like I could tell them anything.

[Varicose and spider veins] was something I had dealt with for years. My mother actually had varicose veins and I really didn’t understand that that was a hereditary issue. So he [Dr. Gupta] really helped me realize, I can do something about this, and really feel like I can work out and walk and feel good afterwards instead of, just laying on the couch for the rest of the evening because my leg didn’t feel good.

[The treatment] was painless. They sat and chatted with me through it. I didn’t even know it had really started because I was laying on the bed, and then it was over. I was able to get back up and go about my day the rest of the day. So hardly any recovery time. It was great.

It really has impacted my life. My husband and I travel quite a bit, I walk six to eight miles-a-day, I hit the gym almost every day, and now I feel like I can do that without any pain. I have to admit, too, varicose veins on my left leg, they were unsightly, and I wear a lot of shorts. I live in Texas and we wear a lot of swim suits and we travel, so just knowing I have confidence that I can feel my best and look my best, and I have to thank Dr. Gupta and his staff for that.

I would definitely recommend Dr. Gupta; but not only him, really his staff. From the time you walk in – the front desk receptionist, the office manager, techs, the nurses, Dr. Gupta – they all make you feel very welcome. I really appreciated them and can tell that they really enjoy their job, and I think that that’s perfect to have that sort of passion for your job, and that comes across with the staff and Dr. Gupta.

If you are having some issues, get it taken care of, or at least come in. I know that Dr. Gupta does have free consultations, and so it’s an hour out of your day, it will make your life feel so much better when you get something taken care of in your legs: your varicose veins or your spider veins. It really has improved my life quite a bit.”

Patrice Ruch
*Inclusive of focused imaging ultrasound, use of local anesthesia, including tumescent anesthesia and post procedure care (use of anti-inflammatory/skin rejuvenation products and supplies). Variation on price is determined by size, region and extent of veins removed for desired outcome. Treatment of asymptomatic varicose veins may not be considered medically necessary. Prices determined by number of treatment sites (one leg/both legs). Please see disclaimer on page 23.

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Microphlebectomy

Microphlebectomy is a minimally invasive procedure that eliminates unsightly leg veins, which are typically diseased, by gently removing them in small segments. This is the recommended treatment for some larger surface veins that respond poorly to other treatment options such as sclerotherapy and offers quicker healing and faster cosmetic results. This technique differs dramatically from surgical vein stripping and should not be confused with that procedure.

The fine tools, combined with our innovative technique and years of experience, allows us to achieve beautiful outcomes without undue pain, downtime or risk of scarring. Because only the surface veins are removed, microphlebectomy is far less invasive than surgical stripping with no sutures or downtime, and minimal risk of scarring. This treatment takes approximately one hour to perform.

$1200* per leg, limited
$1600* per leg, detailed

**Fair Health $1763–$2256**
Your individual treatment plan/number of treatments may vary based on factors such as your body’s response to treatments, underlying venous hypertension, comorbidities, side effects if any and the level of your expectations of the outcome. The service is considered cosmetic hence cannot be billed to Insurance.

*Your session is inclusive of all steps involved in preparation (consent, answering questions, numbing, obtaining pictures, limited ultrasound scan if deemed necessary, application of dressing or stockings). We try our best to devote at least 30 minutes (one hour session) to actual treatment. However, the total appointment may not exceed the duration of your session you reserved (60 minutes). Please arrive early and ask questions during consultation and prior to scheduled treatment as much as possible so that you can maximize use of available time for actual treatment. Multiple sessions are frequently required and you may notice the appearance of new veins. Your provider will discuss your individual treatment plan with you in advance of your session(s). Prices are subject to change without notice. Please see disclaimer on page 23.

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Spider Vein Treatment

The most effective treatment options currently available are injection sclerotherapy (the gold standard), ultrasound guided sclerotherapy (used to seal the deeper “feeder veins”), Ohmic thermolysis (the revolutionary VeinGogh), and surface laser. All of the above are offered at Alsara Clinic. Typically, we use a combination of treatment modalities to help you enjoy the best outcomes that are long lasting in the fewest visits possible.

SINGLE SESSION
$299*

Spider Vein Treatment Progression**

Before Treatment
After 1st Treatment
After 2nd Treatment
After 3rd Treatment

PACKAGE OF 3 SESSIONS
$599*

Three Sessions
My Frequently Asked Questions

**What is included in the price?**
Alsara Clinic provides an estimate and not a guarantee of the total cost to you. In some cases, your Provider may need to perform additional services that will be discussed in advance of the procedure unless they are emergent in nature.

**Who do I contact if I have questions?**
Please contact Patient Account Services at 844-425-7272 and/or email at info@alsaraclinic.com

**Which payment methods are acceptable?**
- VISA, MasterCard, Discover, American Express, and CareCredit
- Cash, cashiers check, money order, or wire transfers
- Online bill pay through www.AlsaraClinic.com
- HSA, FSA, and HRA funds qualified (non-cosmetic) expenses

**Can payment arrangements be made?**
Payment options are available through CareCredit. Patient Account Services at Alsara Clinic will discuss your options with you. Please note we are only able to provide the discount price for the payment methods described above.
Can I get an estimate for the cost of my treatment?
If you need an estimate of charges for services, please contact Patient Account Services at 844-425-7272.

Fair Health

What is Fair Health?
Fair Health is a national, independent, not-for-profit corporation whose mission is to bring transparency to healthcare costs. Alsara Clinic believes in transparent and fair pricing. How do I know if the fees Alsara Clinic charges are reasonable? We realize that quality care is not cheap, but believe that it doesn’t have to be expensive either. We have consistently priced our services below those listed by Fair Health at www.fairhealthconsumer.org.
Package Pricing

Essential Plan One Leg, $2500, includes one EVLA and up to three follow-up treatments. Essential Plan Two Legs, $4500, includes two EVLAs and up to three follow-up treatments.

We define follow-up treatments to include one or a combination of the following: Ultrasound Guided Sclerotherapy, microphlebectomy, hematoma aspiration, limited ultrasound scan, and an office visit.

When you purchase a package, you are given a discount on the standard per session pricing. We do not honor refunds on unused sessions due to the already discounted pricing. Should you require further treatment or upgraded services, additional charges will be incurred.

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Disclaimer

Our goal is for the price to be as transparent as possible. You may not be a candidate for some or any of these treatments; different treatment options may be more suitable for you. The information provided in this booklet is not intended to serve as medical advice and should not be construed as a recommendation for you. Your doctor will recommend the treatment options, if any, which are appropriate for you.

The prices listed are not negotiable and are available only to those who pay the entire amount in advance. We are able to offer these discounted prices due to reduced administrative expenses in processing claims and absence of risk for non-payment.

Prices are an estimate and not a guarantee. Prices are subject to change without notice. Please obtain an individualized written quote. Treatments are individual and may change during the course of your journey with us. Additional treatments may be recommended but are discussed prior to procedure. Emergent care, although rare, may incur additional costs.

The list of procedures in this booklet are not comprehensive. We have a host of other procedures available to match your needs and prices will be made available to you before a procedure is performed. If there is a specific procedure that interests you and is not listed, please inquire about its availability and pricing.

These prices are not applicable if Alsara Clinic is contracted with your insurer or if you are a Medicare/Medicaid beneficiary. Please talk to Patient Account Services at Alsara Clinic to discuss your individual insurance coverage and payment options.